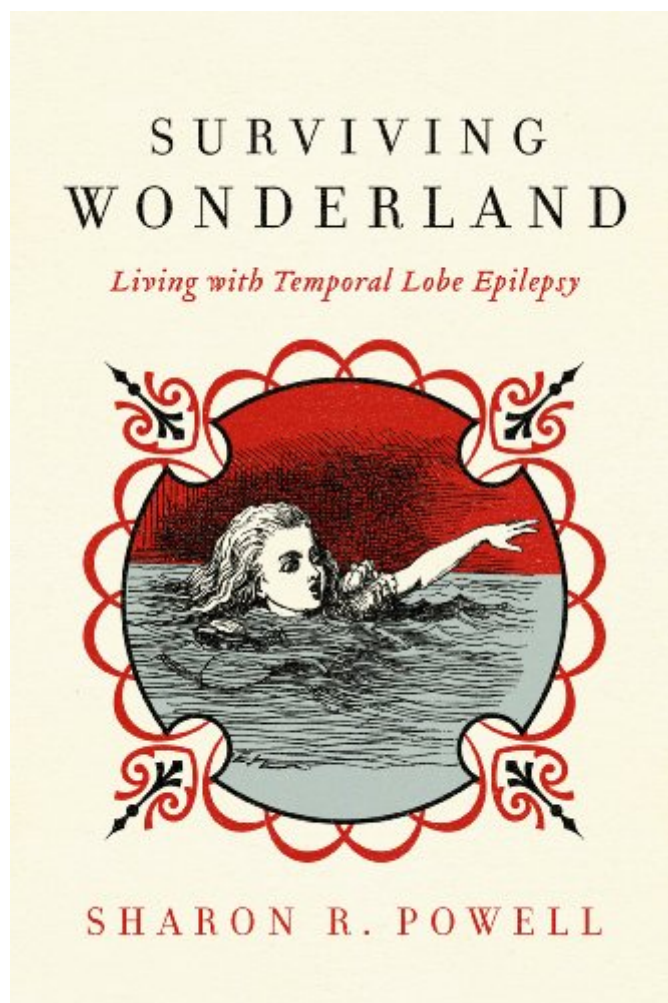


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# Surviving Wonderland: Living With Temporal Lobe Epilepsy



## Synopsis

Surviving Wonderland: Living with Temporal Lobe Epilepsy is the story of one woman's journey down the rabbit hole and into the Wonderland of temporal lobe epilepsy. Sharon tells of her life starting with the diagnosis and moving through seizure-related issues, the isolation associated with a condition still carrying a negative stigma, to the eventual insights into the value of the experience. For people with TLE and their families, this book can serve as a guide through the maze of a condition still not easily recognized by healthcare providers or accepted by the general public. Medical experts agree epilepsy affects between one and two percent of the world's population, with TLE making up about half of that number. This accounts for more than 1.5 million in the US, or roughly the population of Philadelphia. The actual number may be much higher, however, because TLE shares many of the symptoms of migraines, anxiety disorders, post traumatic stress disorder, bi-polar disorder, and schizophrenia. A limited number of books exist on this type of epilepsy. Most books come from the standpoint of the healthcare provider. The reality, though, is that sometimes what the provider understands about TLE and what the patient experiences are hard to reconcile. Finding information from a patient's standpoint may be the most valuable thing for someone suffering from a condition that is both physical and mental, with myriad symptoms and challenges. Powell's personal and professional experiences have shown her that a huge gap separates the patient from the doctor. For this reason, a book from the patient's standpoint is a tremendous asset to those with temporal lobe epilepsy who are making their own way through the Wonderland of medicine and emotion, and those living with them.

## Book Information

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## Customer Reviews

I have sympathy for the writer, as it seems she's had a tough road to get help with her epilepsy. I could relate to that, but often found the book read a like collection of antidotes with a lot of copy/pasted lists to stretch the book's length. While I "get" the frustration she has felt (or feels) when it comes to the medical system, it often read like open anger with nowhere to go. I applaud anyone who can express that sort of feeling (it's healthy to get mad); however, I would have found it helpful if more insight was drawn from those parts of the journey and/or if they were added or at least expounded on more than they were. I found the book, *The Sacred Disease: My Life with Epilepsy*, far more helpful if you are looking for a way to understand both the journey in getting a diagnosis, a general sense of living with it (including the stigma), and how to cope with the possibility it may well be a central factor in one's life. It's not a bad book, but it's not a particularly good or memorable book either.

Everyone with epilepsy will tell you their experiences are unique. There truly is no standard patient no standard seizures. Epilepsy is a monster one that forces most of us to suffer in silence. Sharon Powell did an excellent job portraying her experiences with TLE. The medications the isolation the worry so many of these things are a reflection of most of our suffering. It's an interesting read if you or a loved one have been touched by TLE give the book a try. I can unfortunately from experience vouch for the accuracy of the book.

The author had a far tougher time with her temporal lobe seizures than I have. There is a lot of anecdotal material, but some misinformation. First, the whole theory of left-brain / right-brain learning is no longer valid; while acceptable for many years, it's generally thought to be inaccurate and misleading. Second, "grand mal" is old verbiage, the proper phrase is "tonic clonic". There are others. I can appreciate the authors' problems, but I gave up about half-way through the book. Great title, however; it reminded me of the déjà vu I used to experience when first diagnosed.

I am extremely thankful to have a book that portrays this condition so well. As a 29 female who was diagnosed with late onset TLE last year, I can attest to the accuracy and insight provided. Since I lose my ability to verbally communicate after or around the time of my seizures, I can't even try to explain how I feel to people. This book allows me to give the people in my life perspective into what I am going through. It provides hope for people who are trapped in the loneliest place in the world. Highly recommended for anyone who is trying to understand or cope with TLE. P.S., love the title!

This book was amazing to me! My son had both Temporal and frontal lobe epilepsy. He also had schizophrenia. I work in mental health now. I am sending this title to his Psychiatrist who now works in research for Schizophrenia. My son died several years ago. I am taking another look at whether his voices were from his epilepsy or Schizophrenia!! This book sounds so much like my son~~ his voices came and went starting at age 12. Thank you SO Much for this book~

I found this to be more of a personal journal and one person's account of their experience. I wouldn't recommend it as a factual resource for people wanting to learn more about epilepsy.

An interesting and inspiring personal account. It was a real bonus to have a chapter at the end by her husband writing about living with someone who has TLE.

Incredible story, must read for anyone with this condition or anyone living with someone with condition.

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